115 YEARS OF SERVING THE HOUSTON COMMUNITY

*2019 Family Houston Annual Report
*July 1, 2018 - June 30, 2019
FAMILY HOUSTON
BOARD OF DIRECTORS

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President & CEO

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FAMILY SERVICE
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Locke Bryan
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David Pitts
David Pluchinsky
On February 22, 1904, 12 prominent Houstonians organized a carnival and parade to raise funds for a new charity to provide social welfare services to the city. This new organization was called United Charities, the first of Family Houston’s many names. The mission began with “Helping others help themselves,” a tagline we still use today.

This year, Family Houston celebrated 115 years of serving our community. Through the years Family Houston has had six CEO’s, many Board Chairmen, and numerous dedicated staff. But, one thing has remained consistent, we are here to help our community. Today our mission remains strong; providing services that create a stronger community for tomorrow by helping individuals and families meet the challenges they face today.

This past year, Family Houston served over 6,700 individuals with helping to meet their basic needs, set financial goals, and provide them with mental health support. Because of our services, our clients have safer and more stable housing, increased their monthly disposable income, and parents reported better understanding of child development. All of this builds strong families and helps create a healthier community.

Thank you for your partnership! Your support is critical to our work and success. We look forward to what the future brings as we continue serving our community, providing them with tools that help build a stronger future.

Stephen Costello
Board Chair
Charly Weldon
President & CEO

MISSION AND VISION

Family Houston’s mission is to create a stronger community for tomorrow by helping individuals and families meet the challenges they face today. Our vision is to be Houston’s premier resource that uses a holistic approach to help people empower themselves, stabilize their lives, and sustain lasting improvement.
**Irene**

Irene was living alone when Hurricane Harvey struck Houston. The tragedy left her home flooded, her belongings ruined, and her home uninhabitable. Irene’s insurance would not cover the damages and she could not afford any of the repairs out of pocket; she had no choice but to move in with her brother.

Irene works during the day and had a hard time finding assistance because she could not afford to take off work for appointments. For over a year Irene lived with her brother before she was able to ask for help. Irene reached out to Family Houston.

Irene’s Family Houston case manager assessed her needs, helped Irene develop a recovery plan, and connected her with community resources including Fort Bend Recovers and Attack Poverty. Irene was able to move back into her home in six months. Among the repairs were a new roof, exterior sliding, sheetrock, floors, doors, and a renovated bathroom.

Irene said “Thank you so much for all that Family Houston has done. This organization is such a blessing to so many that are still reeling from that fateful tragedy.”
When Gerardo came to Family Houston, he was very depressed and had suicidal thoughts. He lacked self-confidence and was not ready to open up to anyone. He started seeing a Family Houston counselor, and in the beginning, he had a lot of negative thoughts and felt worthless. Through many counseling sessions, Gerardo changed his way of thinking. He and his counselor worked on helping him open up and process his feelings. Gerardo’s counselor challenged him to look at the world in a different light.

Gerardo expressed his gratitude for Family Houston and his counselor. He explained how caring and empathetic his counselor was, and how she truly changed him: “Family Houston and my counselor saved my life. I have never been to a place quite like this. You get the help you need, while also getting stronger in the process.”

Today, Gerardo continues to work on himself, but is much happier doing it: “I am just so glad to be alive.”

* children suffer from a mental health disorder

1 in 3

3,878

** children and adults participated in counseling

** children maintained or improved good behavior

80%

*Houston Endowment Fund ** 2019 Fiscal Year
Leila came to the United States eight years ago from Guatemala, and for the past three years has been a client of Family Houston through the United Way THRIVE program.

When she initially met with her financial coach, Leila was unable to find work in her career field, which was education, because her credentials had not been evaluated or translated. With help from her coach, she was able to gain employment in the service industry, learn how to budget, and set financial goals. She then saved enough money to pay a portion of the fee to have her college transcripts translated and evaluated. United Way was able to pay for the remainder. Now that Leila’s transcripts have been evaluated, she is applying for jobs within the school district. She is hoping to soon work with ESL students.

Her biggest goal was to become an American citizen, and Leila achieved her dream this past September.
“Thank you for your counseling partnership with Browning Elementary School. Family Houston’s counselor is doing an amazing job with our scholars. By having her address our scholars' emotional needs we no longer see repeat offenders in our office. Her service filled up quickly by the start of the year, and we still have many more needs to address, so thank you for extending her service another day.”

Eva Campos  
Principal, Robert Browning Elementary School

“Alone we can do so little; together we can do so much.”

– Helen Keller

Browning Elementary  
Dual Language and Global Academy
SUPPORTERS

July 1, 2018 - June 30, 2019

Family Underwriter

$10,000+
Bank of America
BDO USA, LLP/Ronald K. Martin
The Brown Foundation, Inc.
Jill and Bill Carter
Charity Guild of Catholic Women
Citi Community Development Foundation
Debbie and Stephen Costello
The Cullen Trust for Health Care
The Ellwood Foundation
The Frees Foundation
Bill Gordon
Gene Graham
Hewlett-Packard Company
Isla Carroll Turner Friendship Trust
John P. McGovern Foundation
JPMorgan Chase Foundation
Revenew International/Traci and Kris Westbrook

Family Supporter

$1,000-$1,999
Anonymous
Joseph and Catherine Garcia-Prats
Joan Baird and Frederic L. Glover
Jackson Walker L.L.P.
Curt Karges
Mr. and Mrs. Marvin Odum
Annette and Randy Plath
Sendero Business Services
Brendan Sheehan
Charly and Bert Weldon

Family Supporter

$100-$499
Mossy Alavi
Angelica Alfaro
Vincent Alspach
Anonymous
Apache Corporation
Shenequa Aranda
Catherine Arevalo
Nancy Baird
Estefania Farina Ballesteros
Manuela Barton
Elizabeth G. Bayless
Adan D. Briones
Sean Buckley
Nick Buscato
Penny Butler
Juan Castaneda
Margaret Cates
Tyler Chase
Jane Cheung
Carolyne Chung
Jessica Cisneros
Connie Clancy
Michael Clement
Greg Conaway
Jessica Cox
Ashley Cuevas
Kyle Drake
Briana Eagleton
Ramsay Elder
Katherine Engleman
Fidelity Charitable Gift Fund
Marcia Fiman
Crystal L. Franks
Sergio Garza
Tabinda Ghani
Jenna Gimmler
Gloria Glenewinkel
Ameer Gopalani
Tracey Burnett-Greenup
Robert Grissom
Mary and Jim Henderson
Ryan Huff
Helen Humphries
Fanny Hung
Nazia Islam

Family Fellow

$500-$999
Camille and Locke Bryan
Joan and David Dunlap
Katy and Kevin Dunlap
Soo Kim Eaker
Douglas Friedman
Liz and T.J. Green
Amparo Guerra
Gayla Hamby
I Tri Events
Debra and Harry Kuehler
Sarah Larsen
Kevin Mcmahon
Mutual of America Life Insurance Company
Daniel Ramirez
RYDE
Jerry Seade
Matthew Shanley
Elena Shaver
Martha Taghi
Alex Taghi
Ali Taghizadeh
Iraj Taghizadeh
The Women’s Home
Lynda K. Underwood

Family Advocate

$500-$999
Andrews Foundation
Briggs and Veselka Co.
Carrizo Oil and Gas, Inc.
Chapelwood Foundation
Charles Jago Elder Foundation, Inc.
Chevron
Maria and Gary Daugherty
Exxon Mobil Corporation
First Tennessee Bank
Deborah and Clyde Grabein
Dion Hobbs
Sergio Leal
JoAnn Lee

Family Founder

$5,000 - $9,999
Lisa and David Pitts
Sequitur Energy Resources
Mr. and Mrs. David M. Underwood, Jr./Chilton Capital Management LLC
Anna Lee and Andy Waite

Family Benefactor

$2,000-$4,999
Andrews Foundation
Briggs and Veselka Co.
Carrizo Oil and Gas, Inc.
Chapelwood Foundation
Charles Jago Elder Foundation, Inc.
Chevron
Maria and Gary Daugherty
Exxon Mobil Corporation
First Tennessee Bank
Deborah and Clyde Grabein
Dion Hobbs
Sergio Leal
JoAnn Lee
Deidrea R. Jackson
Carl Josehart and
Sam Jacobson
Rumy Jaleel-Khan
Jessica Jones
Yvonne Juarez
Shawn Kilchrist
Jennifer Kirk
Todd Kissner
Anna Lachner
Nelsy Gomez Lipford
Adrian Lira
Dianne Long
Shelly Long
Viola and George Lopez
Sao Lorn
Linda Madden
Gabe Roel Martinez
Tim Martinez
Pierre Matta
Darcey Matthews
Karen and Mark Mayfield
John McRae
Maria Melicoff
Jorge L. Mendoza
Margie Mendoza
Alda Montenegro
Lama Murad
Karolina Murguia
Shunney and Shaji Nair
Kevin Necsas
Roxann Neumann
Anne Loo and Brad Nyberg
James Omwange
Bill Penczak
Phillips 66
Lisa Pitts
Randalls
Merrill Rome
Jessica Rosales
Kate Rose
Matthew Roth
Elizabeth and
Robert Saenger
Daniel Scholl
Maximilian Seewann
Carrie Semrad
Amanda Shaw
Tim Shelby
Yvonne Silhan
Richard Simonds
Milton Smith
Sarah Smith
Tahra Taylor
T. Ragan Ryan Foundation, Inc.
Traci Twardowski
United Way of Greater Baytown Area
and Chambers County
Travis Upham
Marisol Urrutia
Tanja van Dam
Verisei Consulting
Mani Walia
Melissa Watts
Sheila K. White
Derrick Zett
Sayra Medina
Mollie Merino
Monica Messick
Barbara and
Gregory Metcalf
Mariana Monterrubio
Frank Moore
Kaitlin Necas
Jane Nymal
Katherine Phillips
Will Porter
Cynthia S. Price
Sonia Reeves
Dora Rodriguez
Stephanie Romero
Julie Rosales
Jennifer Rossi
Donna Schwab
Gloria Semien
Vannesa Sifuentes
Lisa Stanton
Ken Tiongson
Jennifer Triplett
Aleshia Tripps
Truist
Andrea Usanga
Jacklyn Utley
Ana Maria Uvalle
Victoria J. Valdez
Heazel Valleau
Brenda Velasco
Toby Warburton
Christine Wilder
Michael Wright
Mollie Yarborough
Karina Zapata
Laura Zelaya

Family Supporter

Up to $99

Amazon Smile
Allayne Babin
Gina Barron
Diana Batten
Carol Beveridge
Lauren M. Black
Elizabeth Bohorquez
Ryan Braley
Avery Bullock
Monée Cheney
Anna Coffey
Gwendolyn Dawson
Christopher DeLange
John Driscoll
Claudia Duran
Erica Durden
Kenneth Farrar
Matt Farris
Kathryn Foster
Zach Freedman
Nanette Garelis
Adam Harrer
Erica Harris
Sofia Hernandez
Mr. and Mrs. John
Keurig Dr. Pepper
Arminda Lazaroi
Maria Leal
Stephanie Lebron
Joel Levine
Julia C. Lewis
Thomas McCasland

Honorarium Gifts

In Honor of David M. Underwood, Jr.
Lynda K. Underwood

In Honor of Joan Baird Glover
Elizabeth Saenger

In Honor of Donna Beveridge
Carol Beveridge

Memorial Gifts

In Memory of Ruth Bryan
The Bayless Family
Charlie, Susan, Kliment, Anna, and Hemingway
Mr. and Mrs. James R. McBride
Kathy and Doug O’Brien
Robert A. Young, Jr.
Carolyn Y. Spears
John and Vickie Driscoll
Mr. and Mrs. Larry Whaley

In Memory of Mildred Helen Roth
Carl Josehart and Sam Jacobson
The Girls Empowerment Network Team

In Memory of Paz Guerra
Yvonne Silhan
Margie Mendoza
Rose Viviano
Joel Levine
Shunney Nair

In-Kind Gifts

Connie Clancy
Jaclyn Clark
Lorraine Douglass
Danielle Johnson
Elizabeth Mason
Michelle McNiel
Will Nix
Ricardo Peimbert
Lucinda Robles
Sendero Business Services
Jesica Whiteside
Shaundalyn
A LOOK BACK ON THE YEAR

1. We held open houses for members of the community to become better aware of the services and programs we offer.

2. Family Houston Young Professionals hosted a cycling event at RYDE where a portion of the proceeds were donated back to Family Houston.

3. We recognized all of our employees in May at our annual employee recognition event, and celebrated our 115th birthday with a party!

4. We hosted National Night Out for the third year and enjoyed a special visit from Mayor Turner and Representative Sarah Davis.

5. We launched our Giving Wreath program which brought in nearly $1,000 in gift cards during the holiday season for our clients.

6. ExxonMobil staff volunteered at Family Houston for United Way’s Days of Caring.

2019 Highlights

- 6,760 individuals were served
- Provided counseling services in 15 area schools
- Received the Outstanding Service to the Veteran Community Award from Combined Arms
- Named a Best Place to Work by the Houston Business Journal
- Several mental health counselors worked towards certification in Play Therapy and Eye Movement Desensitization and Reprocessing Therapy (EMDT)

Photos and events from July 1, 2018 - June 30, 2019
FINANCIALS

REVENUE

- United Way: 69%
- Contributions and Grants: 8%
- Program Fees/Misc.: 15%
- Service Provider Contracts: 5%
- Special Events: 3%

EXPENSES

- Program Services: 74%
- Management and General: 16%
- Fundraising: 7%
- Building Operations: 3%

Thank you for your support over the last 115 years!
LOOKING AHEAD

We will continue to work hard for the Houston community in 2020. With your continued support and generosity, we will help individuals and families meet basic needs, improve mental health, and reach financial stability. The following are goals we have set for Family Houston in 2020:

• **Nearly 1,600** households will meet their basic needs through Case Management.

• **3,800+** children and adults will address emotional and behavioral challenges through Counseling and Parent Education.

• **2,000+** households will make steps toward their financial goals through Financial and Employment Coaching.
THROUGH THE YEARS

As we celebrate 115 years of service, we have taken a look back on all of the wonderful things we

Founded in 1904, after the devastating Galveston hurricane of 1900 and a serious smallpox epidemic, Family Houston was created to serve as a flexible social service agency ready to quickly offer help to those in need.

During the Great Depression Family Houston revised its focus to meet the needs of Houstonians by offering family casework including the new concept of counseling.

When the nation entered World War II, Family Houston adapted to meet the needs of wartime Houstonians. The agency added a day care center which was created for the children of mothers pressed into work during the war.

A young culture looking for identity known as “rebels without a cause” struggled with being understood and as a result Family Houston grappled with a spike in adolescent counseling requests.

Family Houston met the social service movement head-on by offering “group” counseling. Family life education groups were also organized to prevent the emotional breakdowns of healthy family systems that resulted from substance abuse, heated protests and the negative effects of the Vietnam war.
As we celebrate 115 years of service, we have taken a look back on all of the wonderful things we have accomplished in this community.

**1970’s**

Schools began seeing an increase in student dropout rates. To help curb this serious problem, Family Houston reached out to students and their families and became one of the first nonprofit organizations to provide mental health counselors in Houston-area schools.

**1980’s**

A new initiative was launched, School of the Future, a program which provided counseling and general family support at schools whose families were economically challenged. This became a model for private partnership in public schools.

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**2000’s**

Houstonians were dealing with issues pertaining to veterans returning from the Iraq and Afghanistan wars. Family Houston launched a project that provides Case Management and financial assistance to veterans. Family Houston also launched our Financial Stability program.

**2019**

Today we are celebrating 115 years of serving the greater Houston area. Family Houston has seven locations in Harris, Montgomery, Waller and Fort Bend counties. We look forward to continue serving our community for another 100 years.

The Hispanic community experienced a period of growth, leading Family Houston to establish a Spanish language-only center. Family Houston began employing bilingual staff across the city.
For over 115 years Family Houston has been a safe place for families in need. With the help of our volunteers we are able to serve more clients every day through our Case Management, Counseling, and Financial Stability programs.

Join our family today and make a difference in someone’s life.

www.FamilyHouston.org/Volunteer
Volunteer@familyhouston.org