



**Family
Houston**



2018 ANNUAL REPORT

IN 2018

Family Houston assisted 7,966 households through our Case Management, Mental Health, and Financial Stability programs.



Last Year was an essential year for Family Houston. We kicked off the 2018 fiscal year with a new strategic plan and vision, and immediately that plan was put to the test. Family Houston's focus on growing our three core competencies of **Case Management**, **Counseling**, and **Financial Stability** did not stop. Instead, each program stepped up to help after Hurricane Harvey.

With funding from the United Way of Greater Houston and the Hurricane Harvey Relief Fund, as well as other foundations, we increased our capacity to support the community affected by the hurricane with much needed disaster support. Last fiscal year we served 985 families with supportive services to restore their lives after the hurricane. We brought mental health services to nine area schools and outlying agencies, serving individuals experiencing emotional distress over the reality of what happened.

Given the ongoing changes in Houston and the need for services in all corners of our expanding city, Family Houston knew our best opportunities would be in the community, bringing services to the clients. Last year Family Houston grew to serve more area schools, and partnered with the Boys and Girls Clubs and The Women's Home Mabee Wholelife Service Center with case management and counseling support, respectively. Family Houston continues to look at ways to collaborate with our community partners to ensure services are easily accessible to those we serve.

Family Houston is ready for what the future brings. We feel our mission and vision is directly aligned with the needs of the community. We are excited to partner with you on this journey of giving support and hope to those in need.

A handwritten signature in black ink that reads "Charly Weldon". The signature is fluid and cursive.

Charly Weldon
President and CEO





My two years as Family Houston's Board Chair have been rewarding and, thanks to a dedicated Board and staff, incredibly productive. With a focus on bringing our intensive services to people in need, we strengthened our relationships with fellow community organizations and we developed new partnerships. We are co-locating our services at more locations. As a result, we are reaching new families in underserved neighborhoods.

It's been an exciting journey working with the board and staff on our strategic plan and priorities. Our community needs are greater than ever which led us to concentrate on fundraising, increasing revenue from our signature *Pillars of Strength* Luncheon and bringing more resources to our programs. At the same time, our staff relentlessly delivers the highest level of service to our clients. We welcomed several new Board members. Each of them brings unique expertise, great enthusiasm, and adds to the diversity of our leadership.

Finally, as I step down from my role as chair, I am proud to point to the agency's exceptional leadership team and strong financial position. We have the foundation to accomplish much in the coming years. We will continue to focus our services on our three core competencies of **Case Management**, **Counseling**, and **Financial Stability**, allowing us to intensively meet **basic needs**, **mental health**, and **financial strength**.

Thank you for all you have done to help make this possible. Thank you for *helping others help themselves*.

Sincerely,

Ronald K. Martin
Board Chair

BOARD OF DIRECTORS

Charly Weldon
PRESIDENT & CEO

Ronald K. Martin
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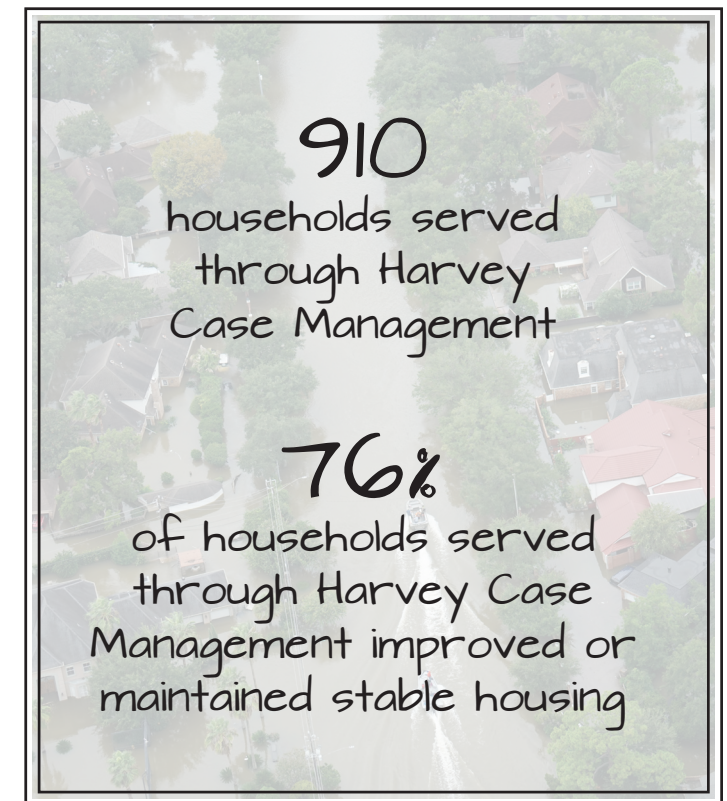
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Kris Westbrook

Family Service Foundation
Penny H. Butler
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David G. Dunlap
Catherine M. Garcia-Prats
David Pitts

As soon as the floodwaters began to recede, Family Houston was at The George R. Brown Convention Center and NRG. Throughout the following months, we increased our staff and our availability. We were determined to help Houston move forward in the recovery process. Our case managers provided critical support for meeting immediate basic needs. Our counselors helped individuals process the enormity of what they had experienced, what they lost, and the hard work that lay before them.



One of those individuals was Evelyn (pictured below), who graciously shared her experience at Family Houston's luncheon in May with her counselor, Jorge, by her side. For more on Evelyn's story visit www.FamilyHouston.org/JoinTheFamily.



A LOOK THROUGH THE YEAR



2018 PILLARS OF STRENGTH LUNCHEON



THANK YOU

Family Underwriter (\$10,000+)

The Brown Foundation, Inc.
Jill and Bill Carter
Citi Community Development
Consulado General de Mexico - Comunidades
Debbie and Stephen Costello
The Cullen Trust for Health Care
The Ellwood Foundation
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The Henderson-Wessendorff Foundation
Hogg Foundation for Mental Health
Hurricane Harvey Relief Fund
Isla Carroll Turner Friendship Trust
John P. McGovern Foundation
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Family Founder (\$5,000-\$9,999)

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Emily D. and Thomas C. Ryan
Charly and Bert Weldon
Young Professionals of Family Houston

Family Advocate (\$500-\$999)

The Arena Energy Foundation
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Nick Buscato
Camille and Locke Bryan

Stephen E. Burke
Community Health Choice
Jerrie and Don Earthman
Marita and JB Fairbanks
Crystal L. Franks
Erin Hanley
Debra and Harry Kuehler
Christian and William Manuel
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Meghan and Matt Moake
Shunney and Shaji Nair
Kathryn and Doug O'Brien
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Petersen Family
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Foundation Fund
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The Women's Home

Family Fellow (\$100-\$499)

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Tanja van Dam
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Katy and Kevin Dunlap
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Mariachi Los Gallitos
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Teal Holden
Jeanne and Frank Ingraham
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Deidrea R. Jackson
Sam Jacobson
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Viola and George Lopez/Lopez-Kramberg, Inc.
Sao Lorn
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Carolyn and Bryan Wimberly
Karen B. Womack
The W. Oscar Neuhaus Memorial Foundation
Robert. A Young, Jr. and Carolyn Y. Spears

Family Supporter (Up to \$99)

Sybil and Ralph Balasco
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Cathy and Gary Brock
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Jacklyn Utley

Ana Maria Uvalle
Brenda Velasco
Douglas White
Nyla Woods
Karina Zapata
Laura Zelaya

Honorarium Gifts

In honor of Camille and Locke Bryan
Christian and William Manuel

In honor of Bill and Jill Carter
Graeme and Edgar Marston

In honor of Gary Daugherty
Edna Lopez

In honor of Gary Daugherty
Randy and Annette Plath

In honor of Gary Daugherty
Ryan Pratt

In honor of Gary Daugherty
Julie Shochat

In honor of the service of Gary Daugherty
Elliott Heide

In honor of Maria Daugherty
Gary Daugherty

In honor of my father Amaury Diaz
Heazel Valleau

In honor of Kevin Dunlap
Fairfield Nodal

In honor of Francie Fleming
Jerrie Earthman

In honor of Joan Baird Glover
Elizabeth Saenger

In honor of Paz Guerra
Shunney Nair

In honor of Marcus Sloan and Shannon Hall
Tim Martinez

In honor of Louis Hubenak
Charly and Bert Weldon

In honor of Ron Martin
Sharon Koziol

In honor of Sara Oussar
Douglas and Lisa Brooks Charitable Trust

In honor of Rex Shaver
Liz and T.J. Green

Memorial Gifts

In memory of Joseph Chenoweth Brown, Jr.
The W. Oscar Neuhaus Memorial Foundation

In memory of Ruth Bryan
Sybil and Ralph Balasco

In memory of Ruth Bryan
Judy and Peter Harding

In memory of Ruth Bryan
Christian and William Manuel

In memory of Ruth Bryan
Carolyn Y. Spears and Robert A. Young, Jr.

In memory of Ruth Whitaker Bryan
Kathryn and Doug O'Brien

In memory of Rex Shaver
Turlach Boylan

In memory of Rex Shaver
Jerrie Earthman

In-Kind Gifts

Alamo Drafthouse
Central Market
Deer Lake Lodge Resort & Health Spa
Elias Events
Food Life Music Food Truck
Hotel Alessandra
Joyce's Seafood & Steaks
LUCHO
West End Church

“I do not know what would have happened if I was not referred to Family Houston. This whole feeling of loss and experience has made me reevaluate the meaning of the world ‘help.’ Family Houston was a blessing. I was lost.”



Basic Needs

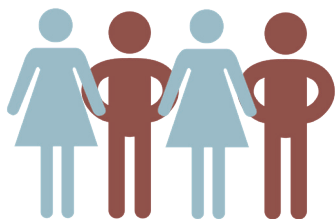
Through Case Management, Houston individuals and families develop plans for meeting basic needs and creating stability. We directly connect clients with resources and enroll them in benefits programs.

Thousands of our Houston-area neighbors struggle to meet their basic needs. In Harris County, 21% of households face severe housing problems. Harris County also rates poorly on the Food Environment Index, ranked at 7.2 on a scale in which 10 is worst.



2,191

households participated
in Case Management.



1,581

additional households
received information and
referrals.



76%

of households served were
living below the federal
poverty level.



80%

of households improved or
maintained safe and stable
housing.



*Episcopal Health Foundation: County Health Data. Social Factors in Harris County, Texas.

Mental Health

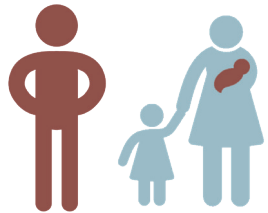
Family Houston continues to grow our capacity to meet mental health needs, while also strengthening the quality of mental health services we provide.

An individual's mental health impacts every aspect of life: success in school or work, relationships, and even physical well-being. 250,000 Harris County children between the ages of six and seventeen have mild to moderate behavioral health needs.



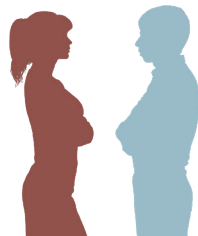
3,668

children and adults participated in Counseling and Parent Education.



63%

of adults were able to manage interpersonal conflicts.



79%

of children improved their behavior or maintained good behavior.



97%

of parents better understand child development.



* Harris County Mental Health Services for Children, Youth, and Families: 2017 Assessment. The Meadows Mental Health Policy Institute.

Financial Stability

Family Houston's financial and employment coaches guide individuals as they achieve what they often never thought was possible: financial stability and promising careers.

43.5% of Houston households do not have three-month's worth of savings and 22% have zero net worth.



860

individuals participated in
Employment Coaching.



19,861

individuals participated in
Financial Stability Education
classes.



1,350

households engaged in one-
on-one Financial Coaching.

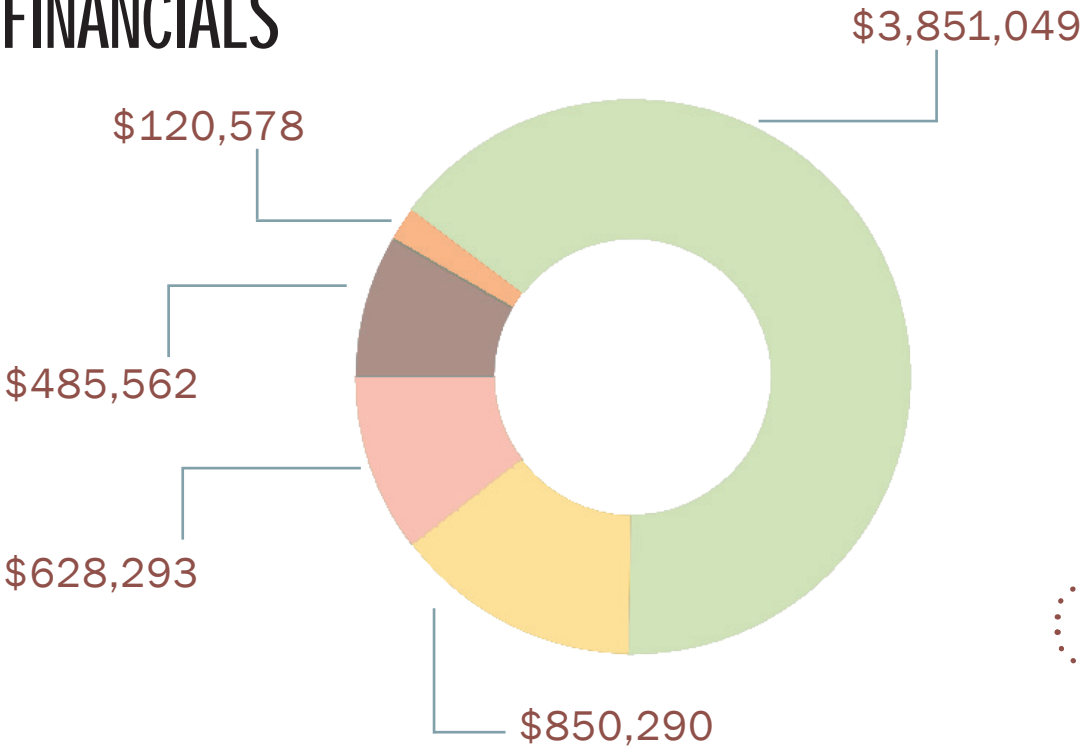


58%

of Financial Stability clients
increased their monthly
disposable income.



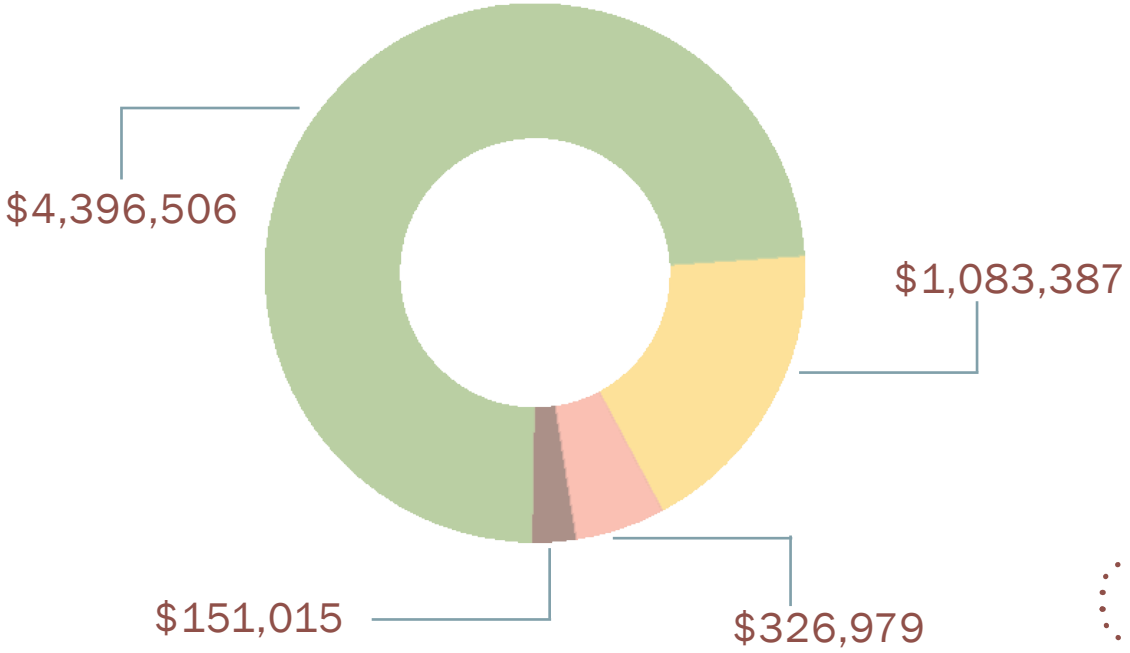
FINANCIALS



REVENUE

- United Way
- Contributions and Grants
- Program Fees/Miscellaneous
- Service Provider Contracts
- Special Events

Total Revenue \$5,935,772



EXPENSES

- Program Services
- Management and General
- Fundraising
- Building Operations

Total Expenses \$5,957,887

Locations

Central Office

4625 Lillian St.
Houston, TX 77007
(713) 861 - 4849
www.familyhouston.org

Bay Area United Way Service Center

1300 Bay Area Blvd. Suite 240A
Houston, TX 77058

Consulate General of Mexico

4506 Caroline St.
Houston, TX 77004

Fort Bend United Way Service Center

12300 Parc Crest Dr.
Stafford, TX 77477

Friends of North Richmond

1305 Clay St.
Richmond, TX 77469

Montgomery County United Way Service Center

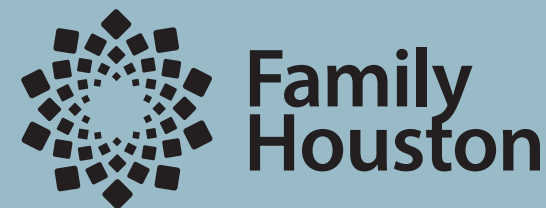
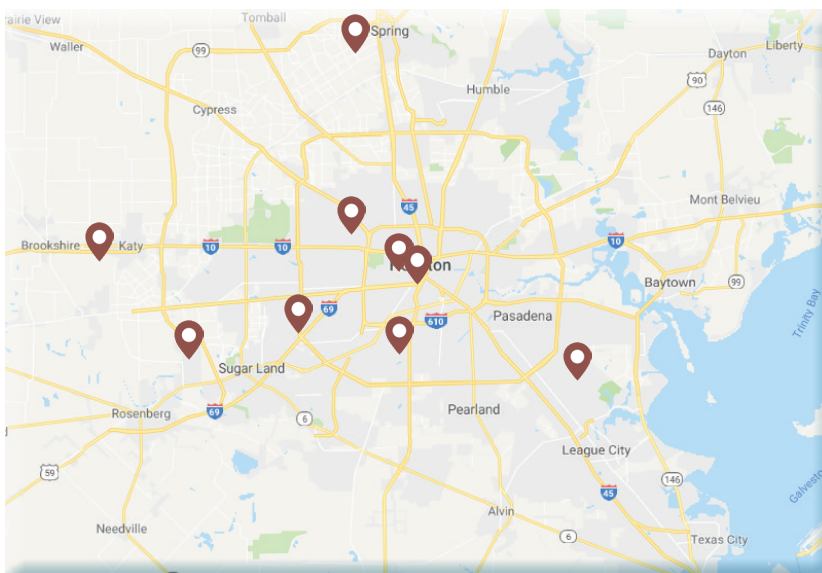
1600 Lake Front Cir.
Spring, TX 77380

Spring Branch Family Development Center

8575 Pitner Rd.
Houston, TX 77080


Waller United Way Service Center


531 Fm 359 Rd. S.
Brookshire, TX 77423



CONNECT WITH US

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Our Mission

To create a stronger community for tomorrow by helping individuals and families meet the challenges they face today.

Our Vision

To be Houston's premier resource that uses a holistic approach to help people empower themselves, stabilize their lives, and sustain lasting improvement.





Family Houston
4625 Lillian St.
Houston, TX 77007

Basic Needs. Mental Health. Financial Stability.

Return service requested

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