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FOR IMMEDIATE RELEASE

Family Houston to Provide Counseling in Schools for the 2018-2019 School Year

Houston, TX. During the summer months, Family Houston’s licensed counselors have been providing mental health counseling at John and Cissy Havard Boys and Girls Club to help children cope with issues including stress, family and behavioral problems, anxiety, and grief. Services have been targeted toward children impacted by Hurricane Harvey.

As summer ends, Family Houston understands there is still a need for these services and will continue to provide counseling to Houston-area students at schools during the 2018-2019 school year. Services will be available to all children, including those impacted by Hurricane Harvey. Family Houston is able to provide these services thanks to funding from the Hogg Foundation for Mental Health, United Way of Greater Houston, and the Hurricane Harvey Relief Fund.

Adrian Lira, Clinical Manager, at Family Houston explains “By offering counseling at area schools, we are taking steps to provide a safe environment for children and adolescents to get the help and advocacy they need. Our licensed therapists can target interventions to students struggling with mental health, and those who display unhealthy coping mechanisms to provide them with strategies to effectively deal with their emotions in a healthier manner rather than acting out violently or aggressively.”

All students and families attending Chavez High School; Lamar High School; Sam Houston Math, Science, and Technology Center; Waltrip High School; Wisdom High School; and San Francisco Nativity Academy can receive counseling on campus at no cost. Contact your school to learn how to make an appointment.

For more information on Family Houston or the programs we offer visit www.familyhouston.org or contact us at family@familyhouston.org or 713-861-4849.

About Family Houston

Family Houston is a nonprofit social services organization serving greater Houston since 1904. Family Houston provides people of all ages, regardless of ability to pay, with tools to achieve their goals through counseling and mental health services, financial stability and employment coaching, and personalized case management.

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