

# Young Professionals Quarterly Happenings



Family  
Houston

July 2018

## Get to Know Counseling

Family Houston's *Counseling* program provides services to children (ages 3+), adolescents, and adults through individual, family, and group counseling,

Our counselors focus on helping their clients resolve specific issues, as well as empower their clients to face these struggles more independently in the future. Some of the problems our licensed counselors help clients with are feelings of depression, hopelessness, anxiety, and grief.

To ensure our *Counseling* services are accessible to everyone, we provide services on a sliding-fee scale based on household income. We also provide free counseling in area schools.



## As Seen In

Family Houston's *Pillars of Strength* luncheon was featured in *Modern Luxury's* July 2018 issue. See the photos [here!](#)

## Have you joined Reason2Race?

We are fundraising through Reason2Race - a platform that allows individuals to raise money for a specific nonprofit. [Click here.](#) and then click "Join Team" to register with the Young Professionals if you have not already done so! For help, or more information on Reason2Race, contact [yp@familyhouston.org](mailto:yp@familyhouston.org).

## Mark Your Calendar!



**Thursday, August 9, 2018**

*Young Professionals Happy Hour*  
Fuego's Saloon | 817 Durham Dr. 77007  
6:00 pm - 8:00 pm

**Thursday, September 13, 2018**

*Family Houston Open House*  
Central Office | 4625 Lillian St. 77007  
8:00 am - 9:30 am or 5:00 pm - 6:30 pm

**Saturday, December 8, 2018**

*Rudolph Fun Run*  
City Centre | 800 Town and Country Blvd. 77024  
Race begins at 7:40 am  
*Start thinking of ways to fundraise!*

## Grant Update

We're excited to be a 2018 Bank of America grant recipient. The \$40,000 grant will be used for our *Case Management* program and will help 1,280 families meet basic needs.

Family Houston also received a \$300,000 continuation for one year from the Fund for Veterans' Assistance. This grant will allow us to continue serving veterans in the Houston area.



Bank of America



Make sure to like and follow the  
Young Professionals Facebook Page!



## THANK YOU!

- Thank you to **Yvonne Rivera Juarez** for connecting us with HP - we received a \$10,000 grant for a computer lab that will be used by our *Financial Stability* clients.
- Thank you to **Kevin Necas** for spearheading and organizing the upcoming happy hour at Fuego's Saloon. We are excited to see what a big success the event will be.

[Click here](#) to become a Family Houston Young Professional member today!