



Family
Services of Greater
Houston

2016

Annual Report



Strengthening families. Transforming lives.

For more than a century, Family Houston has established itself as one of Houston's enduring social service organizations. The key to our success is our ability to adapt over time to meet the changing needs of families in a city where opportunities have attracted millions, yet many struggle to find their place or locate resources. The answers to assisting those in need are complex and multifaceted.

Family Houston believes that strong, self-sufficient families are shaped by the success of each family member. At Family Houston, our individualized services help clients overcome challenges to achieve stability and establish a solid foundation on which to grow and, in turn, benefit the whole community. Often overwhelmed with what seem to be insurmountable challenges, clients receive a multidisciplinary approach to help assess their current situation, set goals, and build a plan for permanent success.



David L. Pitts and Charly Weldon

In the past year, Family Houston served over 70,000 clients with the tools to achieve their goals through counseling and mental health services, financial stability and employment coaching, personalized case management, and life skills education.

We are very grateful for our many supporters. With you, Family Houston is *Building Strong Families for a Healthy Houston*.

With thanks,

David L. Pitts
Board Chair

Charly Weldon
President & CEO

70,000

Number of individuals helped by Family Houston this year

98%

Better able to manage their problems

- Counseling

98%

Improved relationships with their children

- Parent Resources

87%

Increased stability in housing, employment, income, food, and/or health care coverage

- Case Management

88%

More informed about the risks of drugs and alcohol

- Ensueños del Futuro

Gloria and Adrian

WHY THEY CAME: Gloria and Adrian* were displaced by the “Tax Day” flood that impacted over 10,000 households across Harris and Waller counties on April 15th, 2016. Gloria and Adrian came to Family Houston for help with furniture.

NEEDS WE UNCOVERED: Family Houston case manager Maria found that Gloria and Adrian’s needs went beyond furniture. Before the flood, both Gloria and Adrian were employed. But on the day of the flood, Gloria also had surgery that left her with limited mobility. Adrian was caring for Gloria around the clock.

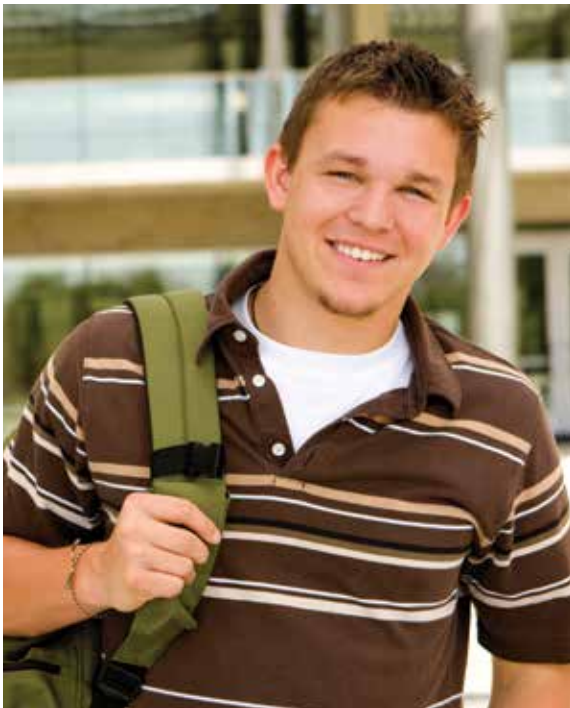
HOW THEY’RE DOING: Gloria and Adrian are getting back on their feet. Family Houston case manager Maria helped them secure assistance with food, transportation, and health care. Gloria and Adrian hope to move back into their apartment soon. Family Houston is working closely with the couple so they continue receiving the help they desperately need.

BIG PICTURE: Family Houston was built to respond to the needs of those impacted by disaster: we were founded in 1904 in response to a major hurricane and serious smallpox epidemic. In the past decade, we have served survivors of Hurricanes Rita, Katrina, and Ike as well as the Memorial Day floods of 2015.



Low-income families are particularly vulnerable when disaster strikes and many need long-term assistance.

Family Houston will always help our neighbors through tough times.



Collin

WHY HE CAME: Collin* was depressed and angry. Bullies were picking on him at his school bus stop. He talked to his grandmother about buying a gun. She brought him to Family Houston for counseling.

NEEDS WE UNCOVERED: Family Houston counselor Rose worked with Collin on expressing anger and dealing with bullies. Rose helped Collin open up, smile, and even laugh during sessions. Collin eventually shared that he wanted a better relationship with his father. Rose invited Collin’s father to join the counseling sessions.

HOW HE’S DOING: After attending Family Houston counseling together for several months, Collin and his father are developing a strong bond. Collin has a positive outlook now—he is graduating high school soon, and is planning to major in communications at college.

BIG PICTURE: Unfortunately, there is a gap in mental health resources for children in the Greater Houston area. Family Houston is helping close this gap by expanding our counseling program to serve an additional 1,025 children and family members by the end of December 2016.

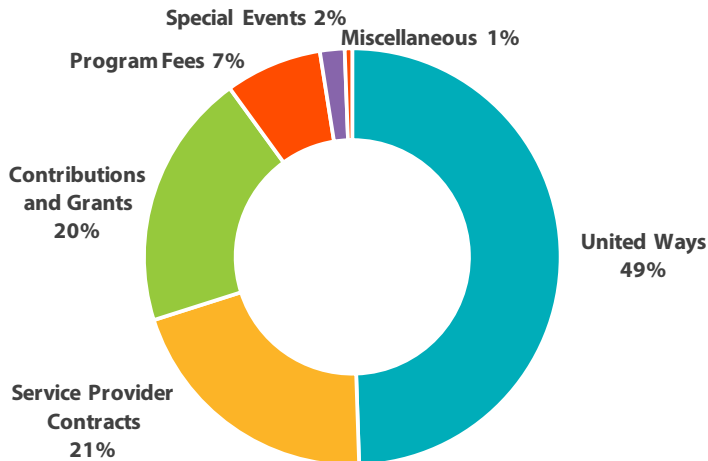
A child’s mental health is core to his ability to thrive and is indelibly linked to his future success.

No child is turned away from Family Houston counseling for inability to pay.

*At Family Houston, we respect everyone who comes to us for help. So while their stories are true, client names and images may have been changed to protect their privacy. Thank you for understanding.

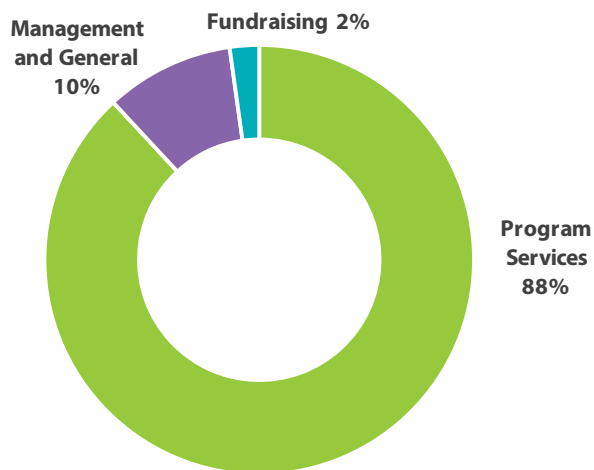
Revenue

United Ways	\$ 3,346,389
Service Provider Contracts	\$ 1,395,180
Contributions and Grants	\$ 1,345,101
Program Fees	\$ 508,262
Special Events	\$ 129,462
Miscellaneous	\$ 39,527
TOTAL REVENUE	\$6,763,921



Expenses

Program Services	\$ 6,423,592
Management and General	\$ 706,734
Fundraising	\$ 161,330
TOTAL EXPENSES	\$7,291,656



Mission

To provide individuals and families with the counseling and guidance they need to strengthen themselves and their relationships.

Vision

To create a stronger community tomorrow by helping individuals and families find the strength to meet the challenges they face today.

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