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FOR IMMEDIATE RELEASE

Family Houston Receives Grant Money from Hurricane Harvey Relief Fund

Houston, TX (April 19, 2018). Family Houston recently received \$100,000 from the Hurricane Harvey Relief Fund to provide mental health counseling to children impacted by Hurricane Harvey. Family Houston's licensed counselors will help children cope with loss, stress, anxiety, and grief. Some signs that a child might benefit from counseling include behavioral issues, isolation, or difficulty sleeping.

These services are provided on-campus to students and students' families at Chavez High School; Lamar High School; Milby High School; Sam Houston Math, Science, and Technology Center; Scarborough High School; Texans Can Academy – Houston Southwest; Waltrip High School; and Wisdom High School. These campuses were selected because their student bodies draw from areas of Houston that were heavily hit by the storm. The services will be provided for free and are fully funded by the Hurricane Harvey Relief Fund.

Jessica Cisneros, M.Ed., LPC-S, BCC, the Vice President of Behavioral Health Services at Family Houston says, "We are very fortunate to be able to address the mental health needs that Hurricane Harvey left behind. Through HHRF's funding we can relieve stress that students are facing every day."

For more information on the services we offer at Family Houston contact us at 713-861-4849 or family@familyhouston.org.

About Family Houston

Family Houston is a nonprofit social services organization serving greater Houston since 1904. Family Houston provides people of all ages, regardless of ability to pay, with tools to achieve their goals through counseling and mental health services, financial stability and employment coaching, and personalized case management.

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